This list was compiled in 2026 by burritotesters@gmail.com
Services might change due to funding cuts or state repression, so feel free to contact us with any updates or questions

SAFE HOTLINES PROJECT
(Proyecto de líneas directas seguras)

The Safe Hotlines Project was started by Trans Lifeline

"Trans Lifeline provides trans peer support for our community. We're run by and for trans people. *Callers have the right to determine* which supports and care we utilize, and which we refuse, as the experts in our own lives. We do not call 911.
Oprime 2 para hablar con alguien en español."
Call: **877-565-8860** 1 PM – 9 PM Eastern Time, or visit translifeline.org

For The General Public:
Samaritans of NYC **ALSO** will not report callers to police or other agencies.
"Samaritans' hotline does not use caller ID or trace calls. We do not have access to a caller's information unless a caller chooses to share it. This policy of absolute anonymity ensures that *no action will be taken without a caller's consent* (including dispatching police/EMS.)"
Call: **212-673-3000** or visit samaritansnyc.org or befrienders.org

MORE INSIDE!

The Problem With 988 (a report by Trans Lifeline)

"988 and other crisis hotlines in the U.S. use **nonconsensual intervention,** usually with police if they determine a caller is an "imminent risk." Research has shown these nonconsensual interventions actually *increase* **rates of suicidality.** These interventions often cause **more short and long-term trauma**, disproportionately to people of color, trans people, minors, and undocumented people.
We are not free until mentally ill and suicidal people are free. Free from non-consensual interventions, medical abuse, and incarceration."

THESE HOTLINES <u>WILL NOT</u> SHARE ANY CALLER'S INFORMATION WITH POLICE OR OTHER AGENCIES:

Western Massachusetts Peer Support Line
Call: **888-407-4515** 7pm to 9pm Eastern Time

Metro Boston Peer Support Line
Call: **877-733-7563** 4pm to 7:30pm Eastern Time

California Peer Run Warm Line
The CA Peer Run Warm Line provides peer-led, non-coercive support in English and Spanish. *(En ingles y español.)*
Call or text: **855-600-9276 (1 For English , 2 Para Español)**
Monday through Friday 7:00 AM – 11:00 PM PACIFIC TIM

Project Return – Los Angeles *(En ingles y español.)*
Call: **888-448-9777 (1 For English , 2 Para Español)**

THESE HOTLINES <u>WILL NOT</u> SHARE ANY CALLER'S INFORMATION WITH POLICE OR OTHER AGENCIES:

<u>LGBT National Help Center</u>
Call or text: **888-843-4564** or visit lgbthotline.org
<u>Call Blackline</u>
"Peer support and counseling prioritizing BIPOC. We are a group of volunteers who started in and around the Hudson Valley, New York and now consist of volunteers nation-wide. We are here to answer messages from anyone who may be in crisis, wants to describe and interaction with law enforcement or vigilantes, or simply needs to talk through an experience. You do not have to provide any personal information to use the service. All calls remain private and will never be shared with law enforcement or state agencies of any kind."
Call or text: **800-604-5841** or visit www.callblackline.com
<u>StrongHearts Native Helpline</u>
"A safe, anonymous, and confidential domestic and sexual violence helpline for Native Americans and Alaska Natives, offering support and advocacy."
Call or text: **1-844-762-8483** or visit strongheartshelpline.org/get-help

You can dial ***67 before the number** to make your Caller ID private & anonymous.
You can generally say you're not comfortable giving your location and operators will usually respect that.
You can read about these and other resources at
www.inclusivetherapists.com/crisis